



● ROMANCE TEXT

## Mate, you need some dating tips

Zoe Foster may have split with one of Australia's hottest sportsmen, Craig Wing, earlier this year, but with singledom has come great career success.

She's written two books, has a dating column and established a popular beauty website.

"It's been incredible. What it comes down to is when you have a breakup you get to have positive selfishness," she said.

The 29-year-old admitted she couldn't have written dating guide *Textbook Romance*, which she co-authored with friend Hamish Blake, while she was in a relationship.

"It was all meant to be. I started writing it before we broke up and it was more (a book) about confidence. You can't be in a smug couple writing about dating," she said.

Foster admits her dating tips are rather old-fashioned, particularly the advice to refrain from moving in with a guy before you've got a ring.

"That advice is for those girls who are frustrated, who think the only way for him to propose is by moving in with him. Men respond best to withdrawing," she said.

*Textbook Romance* is out through Penguin for \$24.95.

— VANESSA SANTER



Zoe Foster and friend Hamish Blake's book has tips for old-school dating.

Picture: JEREMY PIPER